No.	Title
1	Development of SWMS Programme ( 1 Day )
2	Effective Management of Safety & Health at the Workplace (2 Days )
3	Safety and Health Training for Supervisors (2 Days)
4	Effective Workplace Inspection Techniques( 1 Day )
5	HIRARC Training Programme (2 Days)
6	Basic Chemical Spillage Control (2 Days)
7	Basic Occupational First Aid, CPR and AED (2 Days)
8	Basic Occupational Fire Fighting (2 Days)
9	Emergency Response Combined Drill (2 Days)